



## **PRESS RELEASE**

The 8<sup>th</sup> Annual America's Armed Forces Kids Run will provide 21,875 military dependant children the opportunity to participate in this Run on 178 Navy and Air Forces Bases, and Army Forts and Garrisons on Saturday May 15<sup>th</sup> worldwide.

The Children will run three distances based on their Ages, and receive the reward of a colorful tee shirt. Children ages 5 and 6 run ½ mile, ages 7 and 8 run 1 mile, and ages 9 through 13 run 2 miles, in a safe and secure course.

America's Kids Run began in 1986 with 3,800 children participating in the first run in Spokane, Washington. Over the past 24 years 198,000 children ages 5 to 13 have enjoyed the Run in Spokane and in 2002 decisions began to offer it to Military Bases and dependants.

The Run has been recognized nationally in National Geographic World, National Road Runners Management, Runner World, USA Today, and voted Best Children's Run by Runner World May 2003.